

NORTHERN VIRGINIA

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VIRGINIA'S CULTURAL REGION

Discover why Virginia is for Lovers

Home to an energetic mix of history, culture, dining and shopping, Virginia's Cultural Region brings together Alexandria, Arlington, Fairfax County, Loudoun County, and Prince William County for a vacation experience like no other.



SUGGESTED ITINERARY

Farm To Table

Day One

AFTERNOON

Enjoy a **Sangria-making program** at **Bluemont Vineyards**. After picking fresh fruit at Great Country Farms, bring your bounty up to our tasting room and learn the art of sangria making. Then, try your hand at crafting the perfect sangria recipe with a variety of ingredients. Make it a competition by dividing into teams and taste-testing to vote on the best recipe.

EVENING

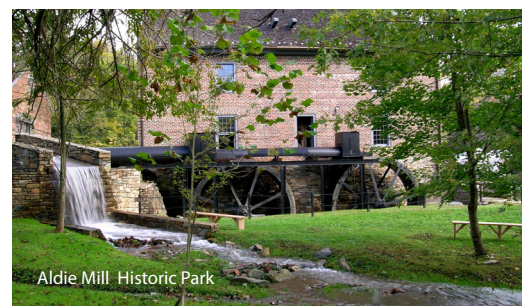
Enjoy a dinner this evening at **Magnolia's at the Mill**. Using locally sourced food and providing a seasonal menu based on what's fresh, this local staple is a great farm-to-table dining experience. To make it extra special the restaurant is housed in a 19th century grain mill! Want to add even more – make it a wine or beer pairing dinner!

Day Two

MORNING

Visit **Morven Park** for a tour of the historic mansion. Morven Park, located on the northern edge of Leesburg, Virginia, was once the home of Virginia Governor Westmoreland Davis and his wife Marguerite. More than 70 years after his death, the accomplishments and ideals of Governor Davis still resonate within the 1,000 acres of this one-of-a-kind place. Westmoreland Davis was a self-taught agriculture enthusiast and raised many species on this land during his life. Not only that – Morven Park housed the Presidential pardoned turkeys from 2013-2016

Visit **Aldie Mill** for a tour and Milling Demonstration. Discover a part of Northern Virginia's industrial heritage, the restored gristmill at Aldie Mill Historic Park, in Aldie. Built between 1807 and 1809, the Aldie Gristmill



was once the largest factory of its kind in Loudoun County. The mill's tandem metal waterwheels are fully operational, making it possible for visitors to watch live grinding demonstrations.



AFTERNOON

Enjoy lunch from **Eugene's Sausage & Fries** at the **Farm Brewery at Broad Run**. This family owned eatery prides themselves on offering fresh, made to order gourmet sausage, hot dogs, handspun milkshakes, French fries and cold beer. Following lunch try a flight of The Farm Brewery at Broad Run beer. A true farm brewery, the owners grow their own hops and fruit on-site for use in the brewing process and for guests to enjoy during their visit.

Kick back at **MurLarkey Distilled Spirits** and taste-test their handmade spirits in one of their signature cocktails. Hear the story of how family played an important role in crafting their unique name and approach to fine spirits. Learn about the distilling process and tour the facility where they craft their unique products.

EVENING

For dinner stop by **Out of the Blue**, a locally owned and operated neighborhood crab and seafood house serving fresh and diverse seafood with exciting new flavors; be sure to try their lobster bisque, made daily!

Day Three

MORNING

Little Goat Farm at the Lake - Offering lakeside live music throughout the Spring, Summer and Fall months and goat yoga by the lake, as well as cheese and soap making workshops, this is truly a farm experience. The Little Goat Farm at the Lake gets you up close and personal with goats and alpacas in a picturesque lakeside setting.

Stop at **Sully Historic Site**, the 1794 home of Richard Bland Lee, northern Virginia's first congressman. Take the Forgotten Road tour, which highlights the lives, work, and

contributions of Sully's enslaved community. Nearly 30 enslaved African Americans toiled in the fields, worked in the house, or were skilled craftsmen. Sully is also listed on the National Park Service's Underground Railroad Network to Freedom as it was a beginning point for flight.

Stop in at **Founding Farmers Reston**. As farmer-owned restaurant, almost all the food and drink – from the freshly baked bread and house-churned butter to the craft cocktails with award-winning proprietary spirits – is made from scratch, using high-quality ingredients from American family farms.

AFTERNOON

Visit **Colvin Run Mill** - Colvin Run Mill is an early 19th century wooden water wheel and operating gristmill. The miller's house includes an exhibit about the process of milling and the families who operated the mill. An exhibit in the renovated 20th century dairy barn features the history of the Great Falls community around the mill. Bring your family, friends or a whole group and explore the beautifully wooded and landscaped grounds. Have a picnic, shop at the general store for stone-ground cornmeal, wheat flour and grits, "penny" candy, toys, books, jewelry, snacks and drinks. Take a short stroll on the nature trail or a longer hike on the nearby Cross County or Rails to River trails. February through December, enjoy special programs including live music, craft demonstrations, ice cream making, seasonal activities and summer camp. Guided tours are offered six days a week throughout the year.

EVENING

Enjoy dinner at **Copperwood Tavern**: A popular local restaurant in the Shirlington Neighborhood, Copperwood Tavern serves locally sourced meats, seafood, and produce.



Day Four

MORNING

Spend some time this morning at the **local farmers market**: Savor local eats, browse for locally made products

and see the season's bounty at Arlington's farmer's markets. With markets around the county, there is likely a farmer's market near your hotel.



Port City Brewing Company - Port City Brewing Company is an award-winning craft brewery and proud producer of an exciting line of hand-made, great quality, locally crafted beers. Named Small Brewing Company of the Year at the 2015 Great American Beer Festival, Port City has a lively tasting room and offers tours year round.

Historic Old Town Alexandria Food Tour - Explore parts of the historic and architecturally unique town that has prospered for over 200 years while discovering locally owned restaurants and sampling specialty dishes. This culinary adventure may include stops at restaurants such as Virtue Feed + Grain, an 1800s feed house turned rustic American tavern which sources all of its meats from local farms, and Verillion, serving up local, farm-raised products in the heart of Old Town.

AFTERNOON

Engage all of your senses – especially taste! – on educational, hands-on visit at **Arcadia Farm**. Your farm-educator led visit includes a tour of the demonstration and education garden as well as a short hike to the production farm. An ideal tour for anyone interested in learning more about gardening, farming, and the nonprofit world.

Visit one of the nation's most beloved historic sites, **George Washington's Mount Vernon**. Glimpse into 18th-century plantation life through beautiful grounds, intriguing museum exhibits, and immersive programs highlighting Washington's life and legacy. While George Washington's home is the most visited historic estate in the country, many visitors do not know that the "Father of our Country" was also a meticulous gardener who cultivated heritage flowers and trees, in addition to fresh produce for the busy Mount Vernon

kitchen. Two additional can't-miss stops are Washington's Distillery and Gristmill. In 1771, he constructed an extremely profitable gristmill near Mount Vernon using the cutting-edge technology of the time. Visitors can now see U.S. Patent #3 in action and the groundbreaking system that moved wheat and flour without the need of manual labor. In 1799 Washington's distillery produced 11,000 gallons of whiskey, making it the largest distillery in America at the time. Today, it serves as the first stop on the American Whiskey Trail and demonstrates the production of whiskey in the 18th century. You can even buy samples at the gift store!

EVENING

Dinner at the **Mount Vernon Inn**. Savor the flavors of early America at the Mount Vernon Inn Restaurant, located just footsteps from George Washington's historic estate.



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